



# Shrewsbury Branch

## NEWSLETTER

*Our mission is the conquest of Parkinson's and the alleviation of the suffering and distress it causes, through effective research, education, welfare and communication.*

We meet at the Harlescott Social Club, Roselyn, Harlescott, SY1 4LP on the first Thursday of the month at 2.15pm

Fred Jones – Chairman 01743 872597

- Vice Chairman 01743 354856

Val Mckay – Parkinsons Local Advisor 0344 225 3643

website: [www.shrewsburyparkinsons.co.uk](http://www.shrewsburyparkinsons.co.uk)

A reminder to those who have tickets for the theatre trip to Birmingham Hippodrome to see Miss Saigon on Wednesday 20<sup>th</sup> September for the 2pm Matinee, all are front Stall seats, coach will Leave the Harlescott Social club at 11,30am estimated return after show at 5pm

For our June meeting we had Question Time with Val Mckay she answered questions on all subjects that pertain to the condition that we have to live with, from health to benefits and others on the way.

For our July Meeting we had a visit from John Arnfield a member of the British Trust for Ornithology, who gave us an illustrated talk on Garden Birds and their songs. First, he gave us a song or call which we had to name and then a picture of the bird he then gave us their details i.e. the percentage of gardens in the country that they visited, their state whether in decline, stable or making a comeback. In all we had statistics on twenty-five birds, a very enjoyable afternoon.

From Christine Corbett

Once again, our Holiday in Torquay was lovely! The weather was kind to us and Andy took us on some lovely excursions again and did us proud.

We went to the Babbacombe Model Village and took lots of Photo's

This time when we went on the Moor it was sunny and bright and the horses with their young foals. We also had a nice train journey from Buckfast to Totnes and return, All in all we had a smashing time so thanks go to Fred for arranging it and to Andy for looking after us so well,

The railway mentioned in Christine's report, was the one in the daily paper's story regarding the little boy and no floor in the toilet!

18th July saw us on our belated annual June day trip to Salford Quays, which happened to be one of Salford Universities graduation days there was Cap and Gowns everywhere you looked, but after successfully getting through them a most enjoyable afternoon was had, and once again this year the weather was good to us



## Diary Dates

### Thought

Good Friends can make the journey through life a lot easier.

### August

2<sup>nd</sup> & 9<sup>th</sup> Physio Sessions ( note only two this month)

3<sup>rd</sup> Branch Meeting speaker Andrew Griffiths PDNS

24<sup>th</sup> Speech Training (note only one this month)

### September

6<sup>th</sup>, 13<sup>th</sup> & 27<sup>th</sup> Physio Sessions

7<sup>th</sup> Branch speaker Vicky Turrell

14<sup>th</sup> & 28<sup>th</sup> Speech Training

19<sup>th</sup> Committee Meeting

20<sup>th</sup> Birmingham Hippodrome (leave club Car park at 11-30am)

### October

4<sup>th</sup>, 11<sup>th</sup> & 25<sup>th</sup> Physio Sessions

5<sup>th</sup> Branch Speaker Andy Jukes

12<sup>th</sup> & 26<sup>th</sup> Speech Training

### November

1<sup>st</sup>, 8<sup>th</sup> & 22<sup>nd</sup> Physio Sessions

2<sup>nd</sup> Branch Speaker Pictures in Harmony

4<sup>th</sup> Afternoon Tea Party 3pm (More Info in October News)

9<sup>th</sup> & 23<sup>rd</sup> Speech Training

15<sup>th</sup> Committee

### December

6<sup>th</sup> & 13<sup>th</sup> Physio Sessions (only two this month)

7<sup>th</sup> Party Time Entertainer Dennis Harrison

14<sup>th</sup> Speech Training (only on this month)

Please Note all Physio Sessions Start at 3pm on Wednesdays and Speech Training at 2pm on Thursdays at Harlescott Social Club,

Parkinson's Disease Society of the United Kingdom. The operating name Parkinson's UK was adopted on 8 April 2010 Charity registered in England & Wales Number 258197 and in Scotland Number SCO 37554. A company limited by guarantee. Registered Number 948776 (London)

**Patron** HRH The Duchess of Gloucester GCVO

**Registered Office:** 215 Vauxhall Bridge Road, London SW1V 1EJ