



# Shrewsbury Branch

## NEWSLETTER

*Our mission is the conquest of Parkinson's and the alleviation of the suffering and distress it causes, through effective research, education, welfare and communication.*

We meet at the Harlescott Social Club, Roselyn, Harlescott, SY1 4LP on the first Thursday of the month at 2.15pm

**Fred Jones – Chairman** **01743 872597**

**- Vice Chairman** **01743 354856**

**Val Mckay – Parkinsons Local Advisor** **0344 225 3643**

website: [www.shrewsburyparkinsons.co.uk](http://www.shrewsburyparkinsons.co.uk)

You are invited to an afternoon Tea Party in Upton Magna Village Hall on Saturday the 4<sup>th</sup> November from 3pm to 6pm with Bluezone Band (Dancing, Singing, Raffle, Prize for best 1940's Costume, Eating, Drinking, Chatting) Tickets £10-00 Children in Primary School or Younger Free, proceeds to be Split between St Lucia's Church Fabric Fund and the Parkinson's Shrewsbury Branch.

In the last newsletter Christine was writing about our May holiday, here I am talking about next years on the 1<sup>st</sup> of August, after a good report on a Hotel in Ilfracombe I spoke to them to be told that they were fully booked until the end of May, so therefore our annual holiday is from the 11<sup>th</sup> June to the 15<sup>th</sup> 2018, our usual Coach and Driver have also been booked, The cost next year will be as this year at £200 with a non-returnable deposit of £25 on application of a place, all names please no later than November meeting.

Christmas Lunch this year will again be at the Corbett Arms Hotel in Uffington on Tuesday 5<sup>th</sup> of December 12-30 for 1pm Dining, we have booked a Two Course Lunch at £12 per head for Branch Members Should you wish to have the 3-course meal it will be a surcharge of £3-50. See Fred at one of the Meetings or sessions or ring 872597 as I have the menus, Names and food choice have to be in by the middle of November.

For our August meeting we had a visit from our PD nurse who gave us a talk and presentation on all aspects of the available treatments to our Problem when I had first contact with the society way back in the late nineties, we were talking about probable twelve different tablets now his talk which he had backed up with a computer programme which now consists of forty-eight pages. of different types of tablets and other methods of giving drugs such as pumps etc. which I now have three copies of in printed form, if anybody would like to borrow one let me know.

At our September meeting we had a visit from Vicky Turrell. On her life as a small child on a farm in the late 1940's as her two elder siblings were girls it was hoped that this one would be a boy. But not to be! As she was born on V E day she was named Victoria, as she progressed through different schools she was the only Victoria in any of them. Her talk on life was very interesting and enjoyable. Myself talking to her after her talk I learnt that she was one of the original members of the Society when it was first muted in the late Sixties by a Lady Called Marli Jenkins.

Due to unforeseen circumstances the Dancing for Parkinsons classes have been moved from Monday to Thursday at 12pm to 1pm but still at the same venue.

## Diary Dates

### Thought

Yesterday is a spent Cheque, Tomorrow is a Promissory Note. Today is Cash in Hand Spend it well.

### October

4<sup>th</sup> 11<sup>th</sup> 25<sup>th</sup> Physio Sessions  
5<sup>th</sup> Andy Jukes talk on the Parkinson's Iceland walk  
12<sup>th</sup> 26<sup>th</sup> Speech Training

### November

1<sup>st</sup> 8<sup>th</sup> 22<sup>nd</sup> Physio sessions  
2<sup>nd</sup> Branch Pictures in Harmony  
9<sup>th</sup> 23<sup>rd</sup> Speech training  
15<sup>th</sup> Committee Meeting

### December

6<sup>th</sup> 13<sup>th</sup> Physio Sessions (only two this month)  
Branch Party Time D Harrison Entertainer  
14<sup>th</sup> Speech Training (only one this month)

### January 2018

3<sup>rd</sup> 10<sup>th</sup> 24<sup>th</sup> Physio Sessions  
4<sup>th</sup> Branch Speaker TBA  
11<sup>th</sup> 25<sup>th</sup> Speech Training  
17<sup>th</sup> Committee Meeting

### Feburary 2018

1<sup>st</sup> Branch Speaker TBA  
7<sup>th</sup> 14<sup>th</sup> 28<sup>th</sup> Physio Sessions  
8<sup>th</sup> 22<sup>nd</sup> Speech Training

### On Thursday 1<sup>st</sup> March will be the AGM

Please Note all Physio Sessions Start at 3pm on Wednesdays and Speech Training at 2pm on Thursdays at Harlescott Social Club,

Parkinson's Disease Society of the United Kingdom. The operating name Parkinson's UK was adopted on 8 April 2010 Charity registered in England & Wales Number 258197 and in Scotland Number SCO 37554. A company limited by guarantee. Registered Number 948776 (London)

**Patron** HRH The Duchess of Gloucester GCVO

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